



Joshua D. Rosenberg, M.D.
Assistant Professor
Facial Plastic & Reconstructive Surgery
Microvascular Reconstruction

*The Center For Facial Plastic and
Reconstructive Surgery*

Manhattan
5 East 98th Street
8th Floor, Box 1191
New York, New York 10029
Patients: (212) 241-9410
Fax: (212) 427-4088

Staten Island
2052 Richmond Road
Suite. 1C
Staten Island, NY 10306
Patients: (718) 420-1279
Fax: (718) 420 -1289

MEDICATIONS, SUPPLEMENTS AND VITAMINS TO AVOID

PLEASE REMEMBER: Do not take any over the counter medications without calling our office for advice. Your procedure may be postponed if **aspirin, ibuprofen, any medications containing either of these, or any drug that may affect blood-clotting factors** is taken within 10 days of scheduled surgery.

ALKA SELTZER
ANACIN
APC
ASA
ASCODEEN
ASCRIPITIN
ASPERGUM
ASPIRIN
BUFFERIN
CEPHALGESIC
CHILDREN'S ASPIRIN
CONGESPRIN
COPE
COROCIDIN
DARCON COMPOUND
DARVO-TRON
DARVAN W/ ASA
DRISTAN

EMPIRIN
EMPRAZIL
EQUAGESIC
EXEDRIN
FIORINAL
NAPROSYN
LODINE
MIDOL
NORGESIC
NUPRIN
PHENAPHREN
ROBAXISAL
SINE OFF & SINE-AID
TRIGESIC
VANQUISH
ZACTRIN
4 WAY COLD TABLETS

To ensure surgical safety, please discontinue the use of the following nutritional supplements, two weeks prior to surgery and two weeks after surgery:

BILBERRY
CAYENNE
DONG QUAI
ECHINACEA
FEVERFEW
FISH OIL
GARLIC
GINGER
GINKO BILBOA
GINSENG

HAWTHORNE
KAVA KAVA
LICORICE ROOT
MA HUANG
MEATONIN
RED CLOVER
ST. JOHN'S WORT
VALERIAN
VITAMIN E
YOHIMBE

Anti-inflammatory medications with aspirin like effects such as **ibuprofen/Motrin, Advil, Toradol and Aleve are prohibited prior to surgery.** Please make us aware of any medications before you take them.

Darvocet and Celebrex are acceptable and may be taken



**Mount
Sinai**

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